

## Food, Nutrition, and Health Content in the Child Development Supplement (CDS-II and CDS-III)

Domain	Question Items	Interview	Question Number
Child's Food Consumption	Typical breakfast foods on weekday mornings: cereal, other breads, fruit, eggs, meat, milk, coffee, juice, snack foods, other	Child Interview	K13
	Food Groups: frequency ate food from main food groups in past seven days	Child Interview	K13 → K14
Family Dynamics Related to Food Consumption	Frequency eat meals together as family	Primary Caregiver Interview	E5
	Family rules about eating sweets and snacks, watching television during dinner	Primary Caregiver Interview	B35(d, d1, h, h1)
Child's Weight Maintenance	Currently trying to loose, gain, or maintain weight?	Child Interview	K10
	Strategies for weight loss (dieting, exercise, vomit, diet pills, laxatives, other) or weight gain (special diet, exercise, weight lifting, food supplements, steroids, other)	Child Interview	K11 → K12
Child's Body Weight	Height; Weight BMI and Weight Status Proposed for CDS-III: leg length, trunk length, waist circumference, body fat	Child Assessment Booklet	A1 → A4
Child's Exercise Habits	Number of days had gym class at school; number of minutes spent in exercise in school and out of school	Child Interview	K15 → K17
Child's Sleep Habits	Typical bedtime and amount of sleep in hours: minutes on weeknights; subjective assessment of the adequacy of amount of sleep	Child Interview	K20 → K22
Active/Passive Activities	These items measure children's participation in after school lessons and sports, aerobics/exercise classes/gym, community, and religious activities during both current school year and prior summer	Primary Caregiver Interview	G5 → G10 H5 → H9 J6(b, d, e, h, i)
		Child Interview	K2 → K7b
	Time diary measures of the amount of time spent in a wide variety of active leisure and passive leisure activities; food consumption; sleep on one randomly selected weekday and weekend	Child Time Diary	Open Ended Response

<b>Domain</b>	<b>Question Items</b>	<b>Interview</b>	<b>Question Number</b>
General Health Status	Single item that rates the child's health on a scale of 1 (Excellent) - 5 (Poor)	Primary Caregiver Interview	A11
		Child Interview	K8
Chronic Conditions	Doctor ever diagnosed child with: epilepsy, asthma, diabetes, ear infections, speech impairment, hearing impairment, sight impairment, mental retardation, mental health condition, anemia, lead, orthopedic impairment, developmental disability, autism, ADHD, allergies	Primary Caregiver Interview	A4
Asthma	Series of questions developed for CDS-II that queries the PCG about the child's experience with asthma-related symptoms in the past 12 months	Primary Caregiver Interview	A12 → A16
Health Limitations	If the child has any physical/mental conditions that limit him/her in play, school attendance, or school work	Primary Caregiver Interview	A9
	Frequency in the last month missed school or social/recreational activity due to health or emotional health problem	Child Interview	K18 → K19
Health-Related School Absences	The number of days in the past 12 months that the target child missed school because of illness and injury	Primary Caregiver Interview	B7
Health Care Utilization	Frequency of overnight hospital stays, date of most recent stay, reason for this hospital stay; month and year of last doctor visits for illness, injury, and mental health and reason for each visit; status of shots and immunizations	Primary Caregiver Interview	A3, A5 → A8, A10
Health Care Expenses	Amount paid for child's dental and medical out-of-pocket expenses and insurance premiums; individual who paid for these expenses	Primary Caregiver Interview	A17 → A24
Abbreviated Pregnancy History	Number of times been pregnant and pregnancy outcomes	Child Interview	L33 → L36
Psycho-Social Adjustment	Tobacco, Alcohol, and Drug Use	Child Interview	L12 → L15
	Behavior Problems Index	Primary Caregiver Interview	B29
	Deviant Behaviors	Child Interview	L11
	Positive and Pro-Social Behaviors	Primary Caregiver Interview	B30
	Depression	Child Interview	L16
	Psychological Acceptance	Child Interview	L17 → L19, L21
	Global Self Concept	Child Interview	K27 → K32
	Subjective Well Being	Child Interview	L37